

Please Help Fill Arm In Arm's Mobile Pantry
Truck and Pantry Shelves with LOVE by
Supporting our 21st Annual Valentine's for
Food Drive and Help Us Provide Nutritious
Food for Neighbors in Need

Food Donation List

All cans 12-16 oz. No glass containers, please! Please remember to check the expiration dates.

MASECA FLOUR
CANNED VEGETABLES
RICE
CANNED PROTEINS
CANNED BEANS
PEANUT BUTTER

CEREAL
SEASONINGS
SHELF STABLE MILK
HONEY
CANNED FRUITS
VEGETABLE/CORN OIL



Contribute To Our Give Healthy Food Drive by scanning the QR code



FOR MORE INFORMATION OR TO MAKE A DONATION, VISIT:

www.arminarm.org/valentines/



Volunteers are always welcome!



We are also collecting new and gently used reusable grocery bags.

To volunteer, contact: shariqm@arminarm.org ~ 609-508-7851

To schedule a pick-up, contact: alanam@arminarm.org