

20 YEARS *Valentines* for **FOOD**

Please Help Fill Arm In Arm's Mobile Pantry Truck and Pantry Shelves with LOVE by Supporting our 20th Annual Valentine's for Food Drive and Help Us Provide Nutritious Food for Neighbors in Need

Food Donation List

**All cans 12-16 oz. No glass containers, please!
Please remember to check the expiration dates.**

**MASECA FLOUR
CANNED VEGETABLES
RICE
CANNED PROTEINS
CANNED BEANS
PEANUT BUTTER**

**CEREAL
SEASONINGS
SHELF STABLE MILK
HONEY
CANNED FRUITS
VEGETABLE/CORN OIL**



**Contribute To Our Give Healthy Food Drive
by scanning the QR code**



**FOR MORE INFORMATION OR TO
MAKE A DONATION, VISIT:**

www.arminarm.org/valentines/

Volunteers are always welcome!

To volunteer, contact: shariqm@arminarm.org ~ 609-508-7851

To schedule a pick-up, contact: alanam@arminarm.org



**We are also collecting
new and gently used
reusable grocery bags.**

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ArmiInArm
better together **40+** years

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