

Thank you for hosting a FOOD DRIVE

Here are suggested items, with our greatest need for the first three

No glass containers, please check expiration dates

- Canned low-fructose fruit
- Canned low-sodium vegetables
- Canned tuna, salmon, chicken, or chili
- Canned beans or 1 lb. bag dried beans
- Canned potatoes
- Cold cereal
- Hot cereal
- Shelf-stable milk
- Olive and canola oil (plastic container)
- Herbs and Spices (plastic container)
- Honey (plastic container)
- Maseca corn flour

We also accept fresh produce & new/gently used reusable grocery bags

We help neighbors in need achieve stability through:

- Hunger prevention, nutrition education, & health screenings
- Housing stability & homelessness prevention
- Workforce
 Development & employment

 readiness

Trenton

48 Hudson Street, 08609 **Mobile Pantries** @

120 East State Street Capital Health sites @ Chambers Street & Bellevue Ave.

Princeton

In Nassau Presbyterian Church 61 Nassau St., 08542

Hamilton

1 N. Johnston Ave., Suite A230

Learn more: 609-396-9355 info@arminarm.org www.arminarm.org