



# This Thanksgiving, *Help hungry families set the table!*

## *Thanksgiving Staples:*

- Stuffing mix
- Canned green beans
- Canned corn
- Canned sweet potatoes or yams
- Poultry seasoning
- Salt and pepper
- Cream of chicken soup
- Gravy mix (no jars or cans, please)
- Ground cinnamon
- **No cranberry sauce, please**  
*We receive several pallets from the food bank*

To schedule a pick-up or drop-off contact  
Volunteer Coordinator Shariq Marshall.  
609-396-9355 ext. 21 • shariqm@arminarm.org

## *Bonus Item Ideas:*

- Vegetable oil
- Salad dressing
- French's fried onions
- Brown sugar
- Vanilla extract
- Pudding mix
- Marshmallows

*No glass containers, please.*

Please remember to check the  
expiration date on all donations.

*Thank you for partnering with Armi In Arm to  
help neighbors in need this Thanksgiving!*