



# Give Fresh!

Nothing beats fresh, local produce in the summer, but for some accessing that produce can be difficult, even impossible.

## HERE ARE THREE EASY WAYS YOU CAN PARTNER WITH ARM IN ARM TO HELP:

- Give a portion of your CSA farm share to our pantry, or consider purchasing a share exclusively to donate
- Set aside a portion from your own vegetable garden for Arm In Arm
- Talk to your school or congregation about sharing a portion of their community garden harvest with Arm In Arm. No community garden at your school or church? Why not start one?

THANK YOU FOR HELPING NEIGHBORS IN NEED ENJOY THE BOUNTY OF OUR  
GARDEN STATE THIS SUMMER!

To learn more contact Becca Jensen Compton: [beccaj@arminarm.org](mailto:beccaj@arminarm.org) | 609-396-9355 ext.35