

# ArmInArm

**better together** 

*Formerly the Crisis Ministry of Mercer County*

## Thank you for hosting a **FOOD DRIVE!**

Here are suggested items, with our greatest need for the first three.

*No glass containers, please. Be sure to check expiration dates.*

- **Canned *low-fructose* fruit**
- **Canned *low-sodium* vegetables**
- **Canned tuna, salmon, chicken, or chili**
- Canned beans or 1 lb. bag dried beans
- Canned potatoes
- Cold cereal
- Hot Cereal
- Shelf-stable milk
- Olive and canola oil (plastic container)
- Herbs and spices (plastic container)
- Honey (plastic container)

**We accept fresh produce, too!**

**Thank you for filling our shelves for our neighbors in need.**

### **We help neighbors in need achieve stability through:**

- Hunger prevention, nutrition education, & health screenings
- Housing stability & homelessness prevention
- Workforce development & employment readiness

#### **TRENTON**

123 E. Hanover St. 08608  
48 Hudson Street, 08609

#### **PRINCETON**

In Nassau Presbyterian Church  
61 Nassau St. 08542

#### **Learn more:**

609-396-9355  
info@arminarm.org  
www.arminarm.org



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